



Hot Drinks

Coffee (cafetiere, Ve)	£2.50	
Colombian (Fairtrade)		
Decaffeinated (Fairtrade)		
Tea (individual pot, Ve)	£2.00	
Clipper Organic (Fairtrade)		
Clipper Decaffeinated (Fairtrade)		
Taylor's of Harrogate Teas (Ve)	£2.50	
Earl Grey		
Darjeeling		
Green Tea with Jasmine		
Twinnings Fruit/herb Tea (Ve)	£1.50	
Peppermint		
Camomile		
Cranberry & Raspberry		
Hot Chocolate (see milk allergens)	£2.50	
Milks:		
Semi-skimmed (G)		
Oat (X, Ve)		add 50p
Soya (F, Ve)		add 50p

Cold Drinks

Soft drink cans 330ml (Ve)		
Cawston Cloudy Apple	£2.50	
San Pellegrino Orange	£2.50	
Coke Zero	£1.50	
Cawston cartons 200 ml (Ve)		
Cloudy Apple	£1.50	
Apple & Summer Fruits	£1.50	
Highland Spring water 500ml (Ve)		
Still	£1.00	
Sparkling	£1.00	
Milk (glass)		
Semi-skimmed (G)		60p
Oat (X, Ve)		£1.10
Soya (F, Ve)		£1.10

Fruit

Apple	£1.00
Banana	60p

Soup of the Day

£2.50

See board (for allergens see over)

With bread (see allergens below) add 70p
and butter (G)
(vegan spread (Ve) available - please ask)

Sandwiches

£4.50

Child's sandwich (half portion) £2.25

Served with crinkle cut salted crisps (Ve)

Choose your bread:

White (A, F, G*, N*, Ve)
Wholemeal (A, F, G*, N*, Ve)
Mini corn tortilla (Ve)
Gluten-free (C)

with butter (G)
(vegan spread (Ve) available - please ask)

Choose your filling:

Herb ham
Egg mayo (C)
Red Leicester cheese (G)
Coronation chickpeas (Ve)
Falafel & hummus (N, Ve)

Extra fillings add £1.00
Extra fillings (child's sandwich) add 50p

Choose your garnishes:

Tomato (Ve), Cucumber (Ve), Salad (Ve)
Chutney (Ve), Mayo (C), Vegan Mayo (Ve)

Today's Baking

See board (for prices and allergens see over)

Crisps

Crinkle cut salted crisps (Ve) 70p
Pom Bear Original crisps (Ve) 70p

For allergen symbols, please see over

Allergens

We aim to avoid allergens where possible and allergen labeling is done carefully. We pay attention to try to avoid ingredients which may cause cross-contamination and choose only to use gluten-free flour in the kitchen. We do not use ingredients that may contain peanuts or nuts. However, we cannot guarantee that allergens are not present.

Food containing major allergens are marked but, if you have a food allergy, intolerance, or coeliac disease, please speak to us about the ingredients in your food and drink before you order.

A = Cereals containing gluten
B = Crustaceans
C = Eggs
D = Fish
E = Peanuts
F = Soya
G = Milk and/or lactose

H = Nuts
L = Celery
M = Mustard
N = Sesame seed
O = Sulphur dioxide and sulphites
P = Lupins
R = Molluscs

Ve = Vegan

* = may contain
X = Contains gluten-free oats

Soups of the Day £2.50

(see board for today's option)

Lentil and vegetable (L, Ve)
Leek and potato (L, Ve)
Butternut squash (L, Ve)

Deals

Soup and sandwich £6.50
Soup and child's sandwich £4.50

Baking

(see board for today's options)

Oat cookie (X, Ve)	50p
Shortbread (Ve)	60p
Flapjack (X, Ve)	£1.20
Banana muffin (C, F)	£1.40
Blueberry & lemon muffin (C, F)	£1.40
Ginger muffin (C, F)	£1.40
Chocolate brownie (F, G*, Ve)	£1.40
Carrot cake with vanilla icing (C, X)	£1.40
Coffee cake with coffee icing (C)	£1.50
Spiced apple cake with vanilla icing (C, X)	£1.60
Fruit slice (C)	£1.80
Scones (F, Ve)	
with butter and jam (F, G)	£2.00
with plant butter and jam (F, Ve)	£2.00